Sharon left Ireland to go to university in England to study pharmacy and now works in NHS in Scotland as a Consultant in Pharmaceutical Public Health, dual registered as a pharmacist and a public health specialist. Some years ago she became acutely aware that healthcare, especially the use of medicines, is impacting on the environment and contributing to climate change which is damaging not only the planet's health but that of our public too. This led her to become a founding member and NHS lead of The One Health Breakthrough Partnership (https://ohbp.org/) which is focussed on more sustainable use of medicines, reducing antimicrobial resistance and microplastics. She sits on various Scottish Government and UK Gov committees to tackle healthcare's impact on climate change.

Sharon is also a Visiting Professor at the School of Pharmacy and Life Sciences, The Robert Gordon University, Aberdeen where she worked for 17 years and is an Associate at the University of the Highlands and Islands. She was Principal Investigator on Medical Research Council grant to develop a framework for making formulary (medicine choice) decisions which includes environmental considerations as well as clinical and cost effectiveness so that prescribing choices are good for patients and the planet.

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